



DR JEWKES/MEDICAL ADVISOR OMEGA-3 THAT BENEFITS EVERYONE

It's not what you swallow but what you ABSORB that counts. Rain Nutrition has more absorbable ingredients in our products especially the Omega-3 found in Soul.

There you can see the benefits of Omega-3. Soul has the balance of the Omega-3,6,9 and with the seeds and flours of this unique supplement. Rain products put back what you cannot get thru diet.

Omega-3s are the most proven supplements in today's market. I am still impressed how omega-3s improve numerous cardiovascular conditions as well as those of brain and nervous systems, vision, joints and muscles, hormones.

Sampling of Omega 3 research has listed a host of health problems that are benefited with the use of Omega-3. Here is a list of some of them.

- ADD, ADHA
- Allergies
- Anxiety
- Anti-inflammatory
- Blood Pressure
- Autism/Asperger's Syndrome
- Bowel Diseases
- Chronic Fatigue Syndrome
- High Cholesterol
- Cardiovascular Disease
- Depression
- Diabetes
- Lupus
- Painful menstruation
- Arthritis
- Headaches/Migraines
- Joint Pain-back, neck, hips, elbow, knee
- Skin problems-psoriasis, eczema

Sources: Intern Rev of Psychiatry, British Medical Journal, Division of Nutritive Sciences, The Center for Genetics, Nutrition and Health, Protocol Journal of Botanical Medicine.

www.rainnutrition.com
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