



PROPRIETARY ENERGY BLEND IN RUSH DR JEWKES

The proprietary energy blend in Rush are important ingredients for sustained energy. Let's take a look at these ingredients and see how they work.

Taurine- an essential amino acid. This aids in the treatment of congestive heart failure, high blood pressure, ADHD, diabetes, but most important is how it helps to improve mental performance and also as an antioxidant.

D-Ribose- is a naturally occurring sugar made in the body from glucose and is an essential component of ATP (adenosine triphosphate, energy for the cell). People use D-Ribose for muscle function recovery, athletic performance, boost muscle tissue energy, enhance endurance and body energy.

Guarana- also known as the Brazilian Cocoa. Considered safe when used in moderate amounts. Guarana seeds contain caffeine. People use the guarana for weightloss, enhance athletic performance, to reduce mental and physical fatigue. Has benefited chronic fatigue syndrome. Remember the half life of caffeine is about 6 hours, so again moderation is the key to sustained energy.

Citocoline- is a dietary supplement composed of a powerful natural anti-aging compound. Has shown to support the improvement of brain function, memory loss, and cognitive performance.

Panax Ginseng- Also known as Asian ginseng. The root of this plant is what is utilized. It is used for increasing resistance to environmental stress, memory, stamina, anxiety, and concentration.

There you have it. When using Rush you now can understand why energy and mental fatigue are supported. You take these powerful energy blends and blend them with the other vitamins contained in Rush you can have that sustained energy needed throughout the day by drinking 1 or 2 cans as an alternative to other energy drinks which contain sugar, high concentrations of caffeine. So pop a top of Rush and enjoy a satisfying quenching drink to increase your daily performance.

References: New England Journal, Pharmacology of Chinese Herbs, American Journal of Clinical Nutrition.

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